

Mouth Care After Surgery

- Hydrogen peroxide, 3 % is available at your pharmacy without prescription
- · Mix half and half with warm water
- Use as a mouth rinse or gargle.
- Use after meals and at bedtime following oral surgery until the area heals.
- Use as daily maintenance to clean tonsils of residue called tonsilliths.
- Mouth sores and healing incisions will become covered with a yellow-grey membrane. This is the appearance of a normal healing process and does not imply infection.
- Peroxide has a bubbling, scrubbing action which removes food residue and debris
- It is rich in oxygen, so inhibits the growth of odor-causing mouth bacteria. These bacteria are mostly anaerobes, which means they grow better in an oxygen-poor environment.